



LOUISIANA BAYOU

Mission Statement:
To strengthen individuals,
families and communities
by Education, Leadership
And Action.

Volume 39 - Issue 1

Spring, 2012

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LVFC President's Message Rena LaBat

Dear LVFC Parish Presidents, LVFC Executive Board Members and LVFC Members,



It is with extreme pleasure that I extend an invitation . . .

TO EACH OF YOU to join us in Lafayette for the 81ST CELEBRATION OF THE LVFC CONVENTION 2012.

The planning committee has been working very hard to put together a convention that will be informative, inspirational, educational, and fun!

The dates for convention are April 17th through 19th with the Board Meeting taking place on Monday, April 16th. So mark your calendar and make your plans to attend.

The theme for the convention is "LVFC – RED, WHITE, AND BLUE – SALUTE OUR TROOPS" and will be held at the Crown Plaza on Pinhook Road, Lafayette, La.

Fun Night will find us visiting with many talented "legends". The musical genre will take us on a trip back in time as we stroll down memory lane. The rhythms will have us tapping our feet at a new level of energy for our first night as we come together to have fun and fellowship. Workshops are being planned for your participation that will earn you LLL hours while you are at convention.

Other special features of the convention include prominent speakers from the area to keep us on the edges of our seats and there are a few surprises in store for you as well!! Patriotism rings strong as we look toward motivating speakers who will share devotion and loyalty to the men and women who serve our country.

Tours will be available for your enjoyment for those who would like to see interesting sites in town and around the area. You will receive information on them when you arrive.

See you in Lafayette.

Come donned in your RED, WHITE AND BLUE!

Rena

Possibilities!!!!

Energize your parish VFC...

The possibilities are endless,

all you have to do is...

"ASK,"

and all things are possible!



It's a brand new year! Time to

MARKET VFC!

Are you spreading the word? Volunteers have more smiles, feel good about themselves because their VFC projects and activities help others, and have fun doing it!

Did your parish make any pocket sized invitation cards to give to prospective new members? Be sure to put your club member's phone number or email address on them and a VFC meeting or event date to give them an idea of what we do.

Elsie Castille says she tells everyone she meets about VFC and guess what – it works! Her parish has 14 new members. She also never passes up the chance to promote parish VFC activities in the newspaper with photos too. Learning and fun are highlighted in the articles. Posters work too.

Challenge your members to "just ASK." You may be surprised at the results. You'll never know unless you try. Each of us can market VFC!

HAPPY VFC

"PROSPECTING."

Ask, ASK & ASK again !

Cheryl Bradley
LVFC Marketing Chairman

P.S.

Thanks for sending in your parish dues early!
2012 will be a great year for our 943 members.

A REMINDER

PARISH LITERACY
CHAIRMEN!

SEND ME BEFORE CONVENTION
THE NAMES *(PLEASE PRINT)*
OF MEMBERS WITH THE NUMBER
OF BOOKS THAT EACH HAVE READ
OR LISTENED TO IN 2011.

Ann Reeves
LVFC Literacy Chairman



LVFC SPECIAL COLLECTION AT THIS YEAR'S
CONVENTION WILL BE IN SUPPORT OF:

BLUE STAR MOTHERS OF LOUISIANA

P. O. Box 318110

Baton Rouge, LA 70831

www.bluestarmoms.net

Items to be collected (everything small sizes, please)
They ship items to military men and women.

Lip balm
Medicated foot powder
Shoe inserts
Antibiotic ointment
Anti-itch ointment
Muscle pain ointment
Eye drops
Eyeglass wipes
Mouthwash
Toothpaste
Deodorant (non aerosol)
Shaving cream
Disposable razors
Body wash/soap
Baby wipes
Shampoo
Scrubbies
Qtips
Hand sanitizer

Cracker Jacks
Hot Chocolate
Powdered drink mixes for
individual water bottles
Powder Gatorade
Coffee/tea
Coffee creamers
Canned fruit (easy open
container)
Peanut butter (individual
serving)
Canned Chicken/tuna
Microwave food
BEEF jerky (no pork)
Slim Jims
Chewing gum
Candy

Hand warmers
DVDs
Small board games
Crossword Puzzles
Small American flags
Room fresheners
Pencils/pens
Small notepads

Rice Krispy Treats
Fruit Roll-Ups
Energy bars
Granola bars
Sunflower seeds/nuts
Trail Mix
Popcorn



LVFC – “RED, WHITE, & BLUE – SALUTE OUR TROOPS”

LVFC CONVENTION 2012

**LAFAYETTE, LOUISIANA
APRIL 17-19, 2012**

Please plan to join us for the 2012 LVFC Convention to be held at the Crown Plaza of Lafayette, 1801 W. Pinhook Rd, Lafayette, LA 70508

The LVFC Board Meeting will be held at the Crown Plaza of Lafayette on April 16, 2012 at 1:30 pm.

In this issue of *Louisiana Bayou* is your registration information.

DEADLINE FOR CONVENTION REGISTRATION IS MARCH 16, 2012.

Each person attending will need to fill out a Registration Form and Medical Form to be returned by the deadline date, March 16, 2012, along with their payment, either one check from the parish or individual check from the member – whichever works best for you.

Make hotel reservations directly to Crown Plaza of Lafayette, mentioning you are attending the LVFC Convention. There is a block of rooms reserved for our convention but the . . .

DEADLINE FOR RESERVING YOUR ROOM IS MARCH 19, 2012.

WANT MORE INFORMATION?

Contact your VFC president.

The full Convention Packet includes the following:

Invitation letter from the LVFC President
Registration Form (2 pages)
Hotel Registration and Direction Information
Personal Medical Record Form
Events – Activities (2 Pages)
Memorial Registration Form
Development Fundraiser Flyer
Community Project
Tours

TWO LLL WORKSHOPS FOR LLL HOURS

Don't miss these on Wednesday, April 18:

10:15 AM

SUPER FOODS SUPER MOVES

Presenters: Extension Agents Adrienne Vidrine, Acadia and Debbie Melvin, Lafourche

2:30 PM

**AVOIDING THE OSTRICH SYNDROME
Louisiana's Drug-Take-Back Incentive**

Presenter: Mary Ann Boudreaux, Terrebonne VFC

**AREA 4 WELCOMES YOU TO
2012 LVFC CONVENTION**

RED, WHITE & BLUE – SALUTE OUR TROOPS”

**Letha Briggs
Convention Chairman**

**Elsie Castille
Convention Co-Chairman**

LOUISIANA VOLUNTEERS FOR FAMILY AND COMMUNITY
ANNUAL CONVENTION - APRIL 17-19, 2012
RED, WHITE AND BLUE - SALUTE OUR TROOPS

TUESDAY, APRIL 17

Opening Session - 1:30 P.M.

First Timers

Area Meetings

Fun Night - 7:00 P.M.
Theme: Legends in Concert

WEDNESDAY - APRIL 18

LLL Breakfast - 7:00 A.M.
Theme: Show Your Colors

LLL Workshop - Super Foods Super Moves

Memorial Luncheon - 12:00 Noon
Theme: We Dare Not Forget

LLL Workshop - Avoiding the Ostrich Syndrome

Honor Great Louisiana Family Reception - 6:15 P.M.

Banquet - 7:00 P.M.
Theme: Salute Our Troops

THURSDAY - APRIL 19

Awards Breakfast - 7:30 A.M.
Theme: Rise & Shine for the Red, White and Blue

LVFC Convention – April 16-19, 2012

“LVFC – RED, WHITE, & BLUE – SALUTE OUR TROOPS”

Registration Form

Registration Deadline: March 16, 2012

- Make your check Payable to: **LVFC 2012 CONVENTION**
- Fill out Registration Form Below – include Medical Form for each person attending

- **Mail to:**

**Thelma Doughty
LVFC 2012 Convention
104 Shumard Dr.
Lafayette, LA 70508**

NAME: (First, Middle, Last)		
ADDRESS:		
CITY:	STATE:	ZIP:
PARISH:		
E-MAIL:		
PHONE:	CELL:	

Check all that apply: If you are a Voting Delegate, it MUST BE INDICATED BELOW			
Council President	☐	First Timer	☐
Voting Delegate	☐	LVFC Member	☐
State Officer	☐	Not an LVFC Member	☐
State Educational Chairman	☐	AgCenter Faculty	☐

Indicate any food allergies or other health concerns which should be known:

BOARD DINNER AT PETROLEUM CLUB	\$29.00 each
April 16, 2012 : 6:30 - 9:00 pm	
Make check payable to: LVFC 2012 Convention	
Parish or individual checks will be accepted.	
NOTE: THERE WILL BE NO REFUNDS AFTER THE DEADLINE OF MARCH 16, 2012 EXCEPT REGISTRATION FEE ONLY	

CONVENTION SELECTIONS AND PRICES		COST	AMOUNT DUE
REGISTRATION - SELECT ONE			
Member Early Bird Registration (all persons attending any event must pay)			
➡ 50 Year Members do not pay Registration Fee			
LVFC Member		\$12.00	
Non-Member		\$20.00	
Late registration (if registering later than March 16, 2012)		\$22.00	
CONVENTION PRICE PLANS (Choose One-Price Meal Plan or Selective Meal Plan 2)			
Plan 1	One-Price Meal Plan (includes all meals except Board Dinner)	\$129.00	
Plan 2	Selective Meal Plan		
	Fun Night (Tuesday Evening)	\$25.00	
Check	LLL Breakfast (Wednesday Morning)	\$23.00	
Which	Awards / Memorial Luncheon (Wednesday Noon)	\$23.00	
Ones	Banquet (Wednesday Evening)	\$35.00	
	Awards Breakfast (Thursday Morning)	\$23.00	

(For Banquet choose one – 1. Pork ____ 2. Fish ____)

Parish or Individual Check will be accepted. Make checks payable to : LVFC 2012 Convention

TOTAL CONVENTION FEE SUBMITTED \$ _____

Note: There will be no refunds after the deadline of March 16, 2012 Except Registration Fee.

Driving Directions:

Driving in on I-10 **East OR West**; exit 103A onto Evangeline Thruway South. Travel 3 miles, and turn right onto Pinhook Road. Travel 1.9 miles to destination. Our hotel will be on the left.

From the **South** (New Orleans/Houma); Driving in on US-90W/I-49 North, Continue onto US-167 N/NE Evangeline Thruway;

Turn Left onto Kaliste Saloom Road, continue traveling to the Pinhook Road Intersection, and turn right, hotel will be ahead on the right.

LVFC – “RED, WHITE, & BLUE – SALUTE OUR TROOPS”

**CROWN PLAZA OF LAFAYETTE
1801 WEST PINHOOK ROAD
LAFAYETTE, LOUISIANA**

Reservations ➡ Call 337-233-8120 ➡ Ask for Group Code VFC

Room Rates:

**1 Person/1 King Bed==\$89.00 3 People/2 Queen Beds==\$99.00
2 People/2 Queen Beds==\$89.00 4 People/2 Queen Beds==\$109.00**

LVFC CALENDAR

MARCH 2012

15 Heart of LVFC Form 13 - due

15 Spirit of LLL Form 14 - due

15 LLL Forms 1 & 2 - due

16 Deadline for Convention Registration

16 Parish Presidents send names of voting delegates to Thelma Doughty

19 Deadline for Hotel Reservations

Check State Handbook for all forms.

Editor's Notes. Rosie Trahan

By golly, here we are in a new year! Tell you what, no truer words were spoken than . . . time waits for no one. Anyone broke their New Year's resolution yet? You do know that a New Year's resolution is something that goes in one Year and out the other. No, it's not my quote. Now here's a quote from Jay Leno - - "Now there are more overweight people in America than average-weight people. So overweight people are now average... which means, you have met your New Year's resolution." I like that kind of logic, don't you? Don't think Dr. Karen would agree with me, though. What say ye, Karen?

A lot of convention information is in this issue. Make sure to check out the deadline for registration. You don't want to have to pay that late fee, now do you?

We "swamp people" here in Area 4 are anxious for your visit with us in Acadiana. We've been up and down the marsh for ideas and with Letha and Elsie paddling the pogie boat, we bet y'all "a good time, Cha."

**BIENVENU AT LAFAYETTE
ET LAISSEZ LES BONS TEMPS ROULER!**

APRIL 2012

16 LVFC Board Meeting - Lafayette

17-19 - 2012 LVFC CONVENTION - Lafayette

15-21 - LVFC Volunteer Week

"The best angle to use in any situation is the TRY-angle."
Author Unknown

"Never be afraid to try something new... remember, the Titanic was built by professionals, but Noah's Ark was built by an amateur."
Author Unknown

"Don't be afraid to go out on a limb... that's where the fruit is."
Author Unknown

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NEXT ISSUE - SUMMER ISSUE

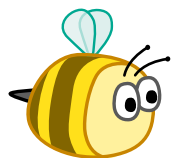
ARTICLES ARE DUE BY APRIL 10
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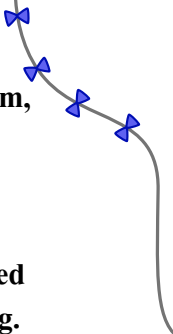
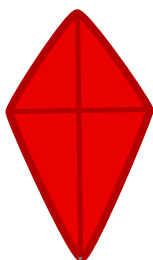
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A little nostalgia Remember this song?
It Might As Well Be Spring

The things I used to like
I don't like anymore.
I want a lot of other things
I've never had before.
It's just like mother says...
I sit around and mope.
Pretending I am wonderful.
And knowing I'm a dope.

I'm as restless as a willow in a windstorm,
I'm as jumpy as a puppet on a string.
I'd say that I had spring fever,
But I know it isn't spring.
I'm starry-eyed and vaguely discontented
Like a nightingale without a song to sing.



Oh, why should I have spring fever
When it isn't even spring?
I keep wishing I were somewhere else,
Walking down a strange new street.
Hearing words that I have never heard
From a man I've yet to meet.
I'm as busy as a spider spinning daydreams,
I'm as giddy as a baby on a swing.
I haven't seen a crocus or a rosebud
Or a robin on the wing.
But I feel so gay,
In a melancholy way,
That it might as well be spring.
It might as well be spring.

