

Tangipahoa Parish 4-H Clover January 2023

Tangipahoa 4-H has a Facebook Page! Please go like our page so you can keep informed on 4-H events!
<https://www.facebook.com/Tangipahoa-Parish-4-H>



January

- 9- Broiler Chicks pickups @ 4-H office (Delivery update notifications by email only)
- 9- Jr. Leader Meeting, 5:00pm, 4-H Amite Office
- 12- 4-H Cloverbud Meeting 5:00pm, 4-H Amite Office, (3rd graders only)
- 13- All State Poultry Show entries due online in Fair Entry
- 13- National Conference Delegate Applications due online
- 14- Poultry and Rabbit Showmanship Clinic, Loranger, LA
- 16- Martin Luther King Holiday (4-H Office closed)
- 20-22- Fashion Camp @ Camp Grant Walker (10-13yr old)
- 23- 2023 Regional Shooting Sports Match Registration forms due to Amite 4-H office by 3pm with checks payable to Tangi 4-H.
- 23- 4-H Sewing Club meeting at 4-H office, Amite, 4:30pm
- 28- Parish Livestock Show, Florida Parish Arena, 9am

February

- 2-4- Southeast District Livestock Show, Covington, LA
- 6- 4-H Cloverbud Meeting 5:00pm, 4-H Amite Office, (3rd graders only)
- 13- Jr. Leader Meeting 5:00 p.m., 4-H Amite Office
- 17- 4-H Honor Cord applications due for graduating seniors: Apply ONLINE ONLY here [Senior Honor Cords \(lsuagcenter.com\)](https://seniorhonorcords.lsuagcenter.com)
- 11-18- LSU AgCenter State Livestock Show, Lamar Dixon Expo Center, Gonzales, LA
- 15- Mardi Gras Masks due emailed to Mrs. Dawn at dculbreath@agcenter.lsu.edu (see contest instructions in this clover)
- 21- Mardi Gras Holiday (4-H Office closed)
- 23- 4-H Sewing Club meeting at 4-H office, Amite, 4:30pm
- 24- State Rabbit Show entries due online in Fair Entry.
- 24- Deadline to PRE-Register with your script to Ms. Megan or Ms. Dawn by 3 pm for the Fashion Show.
- 27- Beef & Sugar Cookery and Fashion Show, 6pm, Florida Parishes Arena Event Center in Amite, LA, Beef Posters also due.
- 28- State Scholarships due to 4-H by 4pm, email agents for more details and new form information
- 28- Parish Scholarship forms due online, email agents for more detailed information
- 28- Golden Clover Award applications due (formally Award of Excellence) for 4-H'ers 14 yrs. old & younger, email for forms
- 28- Emerald Achievement Award applications due (formally Key Club Award) for 4-H'ers 15 yrs. old & older, email for forms

March

- 1- State Ambassador Contest, Alexandria, LA, email 4-H agent by February 1st if interested in participating.
- 3- Photo entries for the 2023 Virtual Lego Building Contest due to 4-H office. See contest flyer attached.
- TBA- Camp Grant Walker Summer Camp (4TH-6TH grades), Deposits Due. Online registration info coming soon
- 4- State Rabbit Show, Alexandria, LA.
- 9-11- Jr. Leadership Conference, Camp Grant Walker, (Limited spots open 14yrs & older) online registration info coming soon.
- 13- Jr. Leader Meeting 5:00 p.m., 4-H Amite Office
- 14- Youth Project books & portfolios due to 4-H office
- 11-19- Southern Regional Shooting Sports Match, (Gonzales & Port Allen) registrations due January 23, 2023
- 20- Poultry & Egg Cookery, 6pm, at Ponchatoula Lions Club, see rules in next month's newsletter
- 23- 4-H Cloverbud Meeting 5:00pm, 4-H Amite Office, (3rd graders only)
- 27- 4-H Sewing Club meeting at 4-H office, Amite, 4:30pm
- 29- 4-H Fest, Florida Parish Arena, 9 am (contests and awards)
- TBA- Co-Op Camp, Camp Grant Walker (8th-12th grades) online registration info coming soon

April

- 7- Easter Holiday, (4-H Office closed)
- 12- Cupcake "Nailed it" contest photos due, detailed info later
- TBA- remaining balances due for Camp Grant Walker Summer Camp (4TH-6TH grades)
- 15-23- State Shooting Sports Match (Shreveport & Grand Cane)
- 24- 4-H Sewing Club meeting at 4-H office, Amite, 4:30pm
- 25- LA 4-H Food Challenge Contest

May

- 9- Southeast Culinary Arts Contest at the Ponchatoula Lions Club (open to all parish overall cookery winners)
- 29- 4-H Sewing Club meeting at 4-H office, Amite, 4:30pm

June

- 20-23- 4-H University, LSU, Baton Rouge, (online registration info coming soon)
- 25-30- National 4-H Shooting Sports Match
- 27-28- Southeast District Horse Show, FPA Amite, LA

July

- 17-21- 4-H Summer Camp for 4th - 6th graders, Camp Grant Walker, Pollock, LA (registration info coming soon)
TBA- State Horse Show, Lamar Dixon Expo, Gonzales, LA-, call to get on email list if interested (if not already on it).

Livestock Show: The Tangipahoa Parish 4-H Livestock Show will be held on January 28, 2023, at the Florida Parishes Arena in Amite. It will begin at 9 a.m. with beef, dairy, and poultry, 1:00 p.m. with lambs, 1:30 for goats & 4:30 for swine.

CONGRATULATIONS to our Overall Winners from the Seafood, Wild Game, And LA Commodity Cookeries, and Talent Show held on December 6th at the Florida Parishes Event Center- Seafood overall winners: Shrimp Div.: Tenley Roberts (OFA) Crawfish Div.: Dale Dirks (VES) Fish and Other Seafood Div.: Cooper Rosales (PHS) Crab Div.: Emmie McIntyre (SMS) **Wild Game overall winners:** Venison Div.: Cole Watkins (SLU) Other Game: Addyson Hall (TA) Fowl Div.: Parker McNabb (LMS) **LA Commodity overall winners:** Rice Div.: Jaxon Forrest (TYC) Pecan Div.: Tenley Roberts (OFA) Sweet Potato Div.: Cooper Rosales (PHS) **Talent Show overall winners:** 4th Grade Division- Addyson Hall (TA) Elementary Division-Charlotte Crane (TA) Junior Division- Anna Johnson (TYC) and Senior Division- Dylan Michelli (PHS)



ATTENTION SENIORS IN 4-H, 4-H Graduates get your recognition! This year to recognize 4-H members who are graduating, 4-H will again offer a special “4-H Honor Cord.” **ONLINE APPLICATIONS ONLY** *The 4-H Honor Cord Application is now completely online. NO LATE entries will be accepted!! Follow this link to register.* https://www.lsuagcenter.com/topics/kids_teens/events/awards/recognition-and-opportunities/senior-honor-cords

The state deadline for submission is February 17th. For 4-H youth to receive the 4-H Honor Cord they must meet the following requirements: *Must be an enrolled 4-H member in good standing, *Must be a graduating senior, *Must have been enrolled in 4-H for 3 years of their high school career, *Must have participated in at least one state sponsored 4-H program in the last 3 years, *Must fill out the application form ONLINE by the deadline date. **NO LATE** entries will be accepted!!

The **4-H Beef Cookery** will be held February 27th at the Florida Parishes Arena Event Center 6pm.
***NEW – you will now be assigned a number to place on entry sheet instead of your name.**

NOTE: Updated Divisions:

1. Ground Beef
 - a. Examples: Taco Pizza, Swedish Meatballs, Beef Sliders, Chili, Stuffed Pepper, etc.
2. Other Beef Cuts
 - a. Examples: Garlic Butter Steak Bites, Fajitas, Philly Cheesesteak, Beef & Broccoli, etc.

Rules:

1. The prepared dish must use a minimum one pound of beef.
2. A contestant may enter only one dish per division.
3. Contestants should bring at least four servings of the dish.
4. Dish may be any type: appetizer, soup, main dish, salad, snack, etc.
5. Dishes must be transported cold to the contest.
6. Must be cooked according to the safe minimum internal temperate chart for cooking from FoodSafety.gov.
7. Contestants are to bring a copy of their recipe the day of the contest.

Beef Poster Guidelines: Beef posters due to 4-H office February 27, 2023 or bring to the Beef Cookery.

1. **2023 LBIC Beef Poster Contest Theme:** Beef: “A Sustainable Choice”
2. Posters must be on “**22 x 28” poster board only.**
3. Place your **NAME, ADDRESS, AGE, GRADE IN SCHOOL AND PARISH** on back, upper right corner of poster.
4. Digital entries must be designed using one of the following programs:

Microsoft Publisher, Adobe Photoshop, Adobe Illustrator and Canva. Digital designs should be formatted for “22 x 28” poster size prints. All digital entries must be saved in high-resolution 300 DPI in **ALL** the following: original design file, .png file format, and .pdf file format. Digital designs should be saved to a blank jump drive, placed in a 3 ½ x 6 blank envelope labeled with **NAME, ADDRESS, AGE, GRADE IN SCHOOL, AND PARISH** on the front. Contact state contest coordinator for alternative delivery format.

5. Posters and digital designs should generate positive images and promotion of beef (not live cattle production) **using the indicated theme.** Posters should promote beef without projecting any negative messages towards other agricultural commodities (chicken, pork, etc.).



6. **DO NOT use copyrighted materials** • You may develop ideas from magazines, parents, friends, nutrition bulletins, Beef Ambassador Fact Sheets, and meat publications but the end concept should be original and not copied material.
• NO TEMPLATES may be used in the digital division. All design work must be original and from scratch, just as a poster would be designed.

The 4-H Sugar Cookery will be held February 27th at the Florida Parishes Arena Event Center 6 pm. **NOTE: Updated Divisions:**

Divisions: 1. Cakes, Includes: cupcakes, king cake, chocolate cake, etc. 2. Candy/Other, Includes: pralines, coconut bars, brownies, donuts, etc. 3. Cookies, Includes: sugar cookies, oatmeal cookies, candy bar cookies, etc. 4. Pies, Includes: sugar cream pie, apple pie, pumpkin pie, etc.

Rules: ***NEW – you will now be assigned a number to place on entry sheet instead of your name.**

The prepared dish must contain a minimum of ½ cup of sugar.

The sugar used may be granulated sugar, brown (light or dark) sugar, powdered sugar, or any combination.

Mixes are permitted if ½ cup of additional sugar is added to the recipe.

There can be NO raw eggs in the final dish.

A contestant may enter only one dish per division.

Contestants should bring at least half of the recipe servings for judges to sample.

Dishes must be transported cold to the contest.

Must be cooked according to the safe minimum internal temperature chart for cooking from FoodSafety.gov.

Contestants are to bring a copy of their recipe the day of the contest.

The 4-H Fashion Show will be held Feb 27th, 6 pm at The Florida Parishes Arena Event Center in Amite during the Beef & Sugar Cookery. Guidelines attached for the Fashion Show below!! **Must PRE-Register with your script by 3 pm on February 24th to Ms. Dawn dculbreath@agcenter.lsu.edu or Ms. Megan mroberts@agcenter.lsu.edu.**

Fashion Show Guidelines: 4-H'ers in 4th to 12th grades may enter one any sewn item, one Ready to Wear and one tie dyed item for the parish fashion show competition. 4-H'ers in 8th to 12th grades may also enter one complete outfit for the fashion show competition. Contestant must not enter a garment that was entered in any previous year's 4-H Fashion Show. All contestants must email or fax a script (describing yourself and the item for the MC to read) to Ms. Megan or Ms. Dawn by 3 pm on February 24th.

Homemade Sewn Items: 4-H'ers may enter one any homemade sewn item for parish competition.

The age categories will be divided by 4th - 6th graders and 7th - 12th graders. 4-H'ers in grades 4th - 12th may enter any homemade sewn item for this category. Please email or fax a script (describing yourself and the item) to Ms. Megan or Ms. Dawn by 3 pm on February 24th.

Complete Outfit: 4-H'ers in grades 7 thru 12 must make a complete outfit for this category. All entries must be complete outfits. They can be any number of pieces but may not contain more pieces that can be worn at any one time.

Accessories such as belts, scarves and purses that are purchased ready-made will be allowed during the fashion show. Contestants will model their garments in the Fashion Show Please email or fax a script (describing yourself and the item) to Ms. Megan or Ms. Dawn by 3 pm on February 24th.

Tie Dyed Items: (For all grades) 4-H'ers may enter one tie dyed item made by 4-H'er for parish competition. Please email or fax a script (describing yourself and the garment) to Ms. Megan or Ms. Dawn by 3 pm on February 24th.

Ready to Wear Items: Where contestants purchase an entire outfit and are judged on selection and appearance. 4-H'ers in grades 4 thru 12th may enter one Ready-To-Wear entry. The age categories will be divided by 4th - 6th graders and 7th - 12th graders. The Ready to Wear Selection should be an outfit suitable for any occasion and could be purchased for \$100 or less. The outfit pieces may be all ready-to-wear or a combination of home sewn and ready-to-wear. All contestants must email or fax a script (describing yourself and the item for the MC to read) to Ms. Megan or Ms. Dawn by 3 pm on February 24th.



Crispy Oven-Fried Chicken

Ingredients:

1/2 cup fat-free milk or buttermilk
1 teaspoon poultry seasoning
1 cup cornflakes, crumbled
1 1/2 tablespoons onion powder
1 1/2 tablespoons garlic powder
2 teaspoons black pepper
2 teaspoons dried hot pepper, crushed
1 teaspoon ginger, ground
8 pieces chicken, skinless
A few shakes paprika
1 teaspoon vegetable oil

Directions:

1. Preheat oven to 350 F.
2. Add 1/2 teaspoon of poultry seasoning to milk.
3. Combine all other spices with cornflake crumbs, and place in plastic bag.
4. Dip chicken into milk and shake to remove excess.

Quickly shake in bag with seasonings and crumbs, and remove the chicken from the bag.

5. Refrigerate chicken for 1 hour.
6. Remove chicken from refrigerator, and sprinkle lightly with paprika for color.
7. Space chicken evenly on greased baking pan.
8. Cover with aluminum foil, and bake for 40 minutes.
9. Remove foil, and continue baking for another 30–40 minutes or until meat can easily be pulled away from the bone with fork. (Drumsticks may require less baking time than breasts.) Crumbs will form crispy “skin.”

Cooking Note: Do not turn chicken during baking.

Yields 10 servings. A serving is 1/2 breast or 2 small drumsticks.

Nutritional value per serving: Calories, 117; Total fat, 3 g; Cholesterol, 49 mg; Sodium, 67 mg; Potassium, 1 mg; Total carbohydrates, 6 g; Fiber, 1 g; Protein, 17 g.

JOKES OF THE MONTH

4-H: WHY SHOULDN'T YOU TELL A SECRET ON A FARM?

CLOVER: BECAUSE THE POTATOES HAVE EYES AND THE CORN HAS EARS!

4-H: WHAT FARM ANIMAL KEEPS THE BEST TIME?

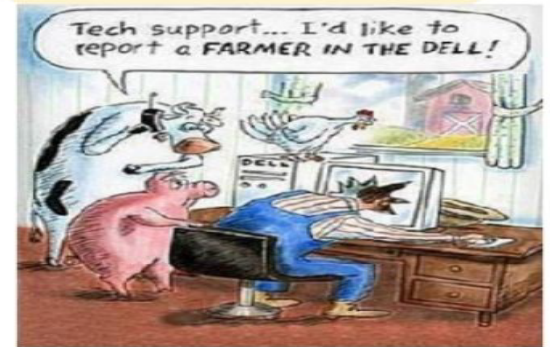
CLOVER: A WATCH DOG.

4-H: WHAT DO YOU GET WHEN YOU CROSS A FARMER AND SOME TRENDY HEADPHONES?

CLOVER: BEETS BY DRE.

4-H: WHAT TYPE OF HORSES ONLY GO OUT AT NIGHT?

CLOVER: NIGHTMARES!



February Virtual Mardi Gras Mask Contest! The Mardi Gras Mask Contest was such a huge success the last 2 years that we have decided to do it again. Guidelines are:

- 1) Base mask (this is what you start with) can be a blank store-bought or homemade.
- 2) The rest of the decorations are up to you – be creative!
- 3) To enter the contest, you **MUST** take a series of photos, from start of project to finish, and email photos with your *name, school/club, grade, and your phone number included in email* to Mrs. Dawn at dculbreath@agcenter.lsu.edu or Ms. Megan mroberts@agcenter.lsu.edu by midnight, February 15th. **DO NOT FORGET TO INCLUDE PARTICIPANT'S NAME, SCHOOL/CLUB, GRADE, AND A GOOD PHONE NUMBER IN THE EMAIL!** Winners will be announced by the end of the month on Facebook and in the March Clover!



Junior Leadership Conference is March 9-11th at Camp Grant Walker! JLC will be held at Camp Grant Walker. The State 4-H Executive Board is excited about this year's event themed “TBA” open to 14–18-year-old members.

All Record books & Portfolios are due to 4-H Office by 4 p.m. on March 14th

Portfolio Update: When filling out the awards section of the portfolio, please do not write several, multiple, or a couple of blue/red/white ribbons as we will not know exactly how many that entails. Therefore, to get points for your awards you must specify EXACTLY how many and what type/color ribbon or award you received for each event/project. Thank you for your help. You may email or call the office if you wish to have a copy emailed to you so that you may fill it out on your computer and print out. May use the large drop box on our front porch for drop offs before or after hours if needed. Must be turned in to attend 4-H Fest on March 29, 2023, at the Florida Parish Arena.

Outdoor Olympics Program: 3/3 @ 5:00 PM - 3/4 @ 4:00 PM - For 7-8th Grade Youth - This program, offered as a 2-day overnight camp, features hands-on, experiential learning through a series of engaging activities and lessons. We are proud to offer this great opportunity for students to learn about topics including healthy living, fitness, youth mental health, and nutrition. Participating youth will form teams and compete in an Olympic-themed assortment of fun and active lessons and recreational activities. Registration site is currently under construction and will be announced upon release.

Summer Camps:

Now is not too early to start thinking about summer! In fact, as the harsh, cold winds of winter settle in, it is the perfect time to start dreaming about long sunny days, splashing in cool pools, and eating delicious popsicles. For Louisiana 4-H'ers, it is also the perfect time to start thinking about all the summer opportunities for yourself at [Camp Grant Walker](#). Camping is one of the most valuable experiences a child can have. Check out the videos from camp's previous years here:

[Grant Walker 4-H Education Center - YouTube.](#)

In the summers, Louisiana 4-H offers some distinct programs at Camp Grant Walker:

[4-H Summer Camp](#) is open to 4th-6th graders. Campers choose from one of six activity tracks to participate in during their time at camp. Campers also have recreational time to swim, create handcrafted items and participate in archery, canoeing and kayaking, sand volleyball, kickball, board games, tubing and much more! Our evening programs are fun and filled with skits, talent shows, vespers, dances, and special guest speakers. Look for 4-H Summer Camp (4th - 6th) registration information to be coming out soon. Deposits will be due in early March and final payments will be due in April.

[Louisiana Outdoor Science and Technology \(L.O.S.T.\) Camp](#) is open to 7th and 8th graders. L.O.S.T. Camp is held the first week of August and features tracks in the fields of science, engineering, technology, and outdoor education. Look for more info later in the year.

4-H has a Facebook Page! Please go like our Facebook page so you can keep informed on all 4-H events and notices!

Please follow our Facebook page as any changes will be posted there. <https://www.facebook.com/TangipahoaParish4H>



Membership and participation in activities and events are open to all citizens without regard to race, color, national origin, gender, religion, age, veteran status, or disability.

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****In the case of any changes to the State of Louisiana status with the COVID-19 pandemic, any event may be canceled in full, part, or converted to a virtual format if applicable. These decisions will be made in cooperation with local, state, and federal guidelines and orders. As with all 4-H events/activities we will continue to have the health and safety of our participants, volunteers, families, and employees as our priority. "It is the policy of the Louisiana Cooperative Extension Service that no person shall be subjected to Discrimination on the grounds of race, color, national origin, gender, religion, age, or disability."**



Tangipahoa Parish 4-H Lego Building Contest



- Photo entries for the 2023 Virtual Lego Building Contest will be due to the Tangipahoa Parish 4-H Office by 4:00 pm. on **Friday March 3rd**.
- This contest is open to all Tangipahoa Parish 4-H members in grades 4-12.
- You may create your own Lego design or build a themed Lego set.
- The contest label attached to this document must be included with your **4x6 photograph of your design** that must be **submitted by March 3rd**. Please put photograph and label in an envelope with your name on it.
- You will describe what you have built on the label that is submitted.
- Members placing, 1st – 10th place will have their exhibit on display at the Amite Parish Library for 2 weeks.
- You **must** be able to bring your design yourself to the library once the judging is over and it must be able to fit on a desktop.



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Lego Building Competition Label- To be submitted with your 4x6 photograph for the Lego Contest no later than March 3rd.

Name _____ Grade ____ School _____

Description of Design:

This contest label must be included with your **4x6 photograph of your design** that must be **submitted by March 3rd**. Please put your photograph and this label in an envelope with your name and a phone number on it. Drop off in person, mail to 4-H office 305 East Oak St., Amite, LA 70422 or use lock box on front door to drop off after hours.