

St. John Parish

FCS Nutrition Advisory Leadership Council Meeting Minutes

Meeting Date: Thursday, July 19, 2012 Time: 10:00 – 11:30 a.m. Location: St. John Parish Library, LaPlace

Meeting Called to Order: Cynthia Clifton Facilitator: Cynthia Clifton
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Minutes Prepared: Cynthia Clifton

Members in attendance:

Bernell Charles	Retired Community Representative
Tyra Mitchell-Poree	Executive Director of Regional Health Care PCA, Mental Health
Larry Sorapuru	Retired Community Representative
Roxanne Campbell	Public Health Nutritionist
Cynthia Clifton	LSU AgCenter

The meeting was opened by Cynthia Clifton who welcomed Council members and asked everyone to introduce themselves.

Bernell Charles – Retired from Shell after 35 years of service. Bernell is married with 3 children and is willing to volunteer in the parish to help better the community.

Tyra Mitchell-Poree – Executive Director of Regional Health Care PCA in St. John Parish. Regional PCA Services provides help with daily living such as feeding & special diet, bathing & grooming, transferring, mobility assistance, toileting & incontinence. Other services that are covered include: light housekeeping, meal preparation, grocery shopping, laundry, medication reminders, transportation needs and prescription pick-up. Tyra Mitchell-Poree can be reached at 985-318-4822.

Larry Sorapuru – Retired from Monsanto, member of the Civic Organization Men’s Group, does home gardening, enjoys outdoor activities and works with the juvenile board to better the community.

Roxanne Campbell – Public Health Nutritionist for the St. John Parish Health Unit. Roxanne works closely with the Women, Infants and Children (WIC) Program. The WIC Program is a

Special Supplemental Nutrition Program for pregnant, breastfeeding, and postpartum women, infants and children up to 5 years of age. WIC provides healthy foods, nutrition education and referrals to other health and social services. The persons eligible are: pregnant women, breastfeeding women, postpartum women, infants and children ages 1 – 5 years. The following criteria must be met: income requirement, be a resident of Louisiana and have a nutrition related problem.

Cynthia Clifton – LSU AgCenter. ESJE School completed the Living Your Financial Experience Program (LYFE) April 27, 2012 with 200 students participating. The LYFE program was also taught at Clover College on LSU Campus in June with 13 students attending the program to learn about financial and budgeting. Cynthia also talked about the Teen Town Talk summit at New Wine Community Center in LaPlace on May 11, 2012 with 167 students attending and 9 schools participating. Roxanne asked to be included next time so that she can volunteer to share information with the students.

New Business:

- RPTA transit bus – taking the elderly to doctor's appointments and other places. Cynthia will check for number
- Jobs for COE students in the summer
- Job skills readiness class for junior and senior students
- World Breastfeeding week – August 6 – 10, 2012 – “Understanding the Past – Planning the Future” celebrating 10 years
- Parenting classes for parents - Cynthia informed the committee that she teaches parenting classes to court referrals free of charge and non-court referrals for a fee of \$25.00.
- Alternative school – students being placed in the Alternative school for 45 days without any schooling. Contact school board members to see if something can be done.
- Check with Tech Action Clinic in Edgard to get information about hours and services provided.

The next FCS Nutrition Advisory Leadership Council meeting is scheduled for October 11, 2012 from 10:00 – 11:30 p.m. at the St. John Library in LaPlace.

Cynthia thanked everyone for attending the meeting.

The meeting adjourned at 11:30 a.m.